



Liberty Senior Center 759-5244

2019

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day Closed	3 Chicken Marsala	4 Hamburger Veg Soup & Peanut Butter Pie	5 Smothered Muffins	6 Chicken Alfredo	7
8	9 Ham & Cheese Quiche	10 Roast Beef	11 Potato Soup & Berry Rhubarb pie	12 Hot Turkey Sandwich	13 Lasagna	14
15	16 Bratwurst & sauerkraut	17 Meat Loaf Birthday	18 Ham & Bean Soup & Shoo Fly Pie	19 Sweet & Sour Chicken	20 Breakfast Cass & Cinn. Rolls	21
22	23 Sloppy Joes	24 Roast Pork	25 Cream of Chicken Soup & Apple Pie	26 Taco Salad Bar	27 Fish & Chips	28
29	30 Chicken Tenders					



Home Delivered meals are available every serving day. Please call by 10:00a.m.
 A salad and dessert (fruit) is included. Milk is available if requested. Take-outs may have the salad bar in place of the main entrée. A salad bar is available with lunch at the Center every day. The salad bar is out at approximately 11:30a.m. and the main course is served around noon.

Menus are subject to change without notice

Meal donations help fund our program thanks for participating in our nutrition program