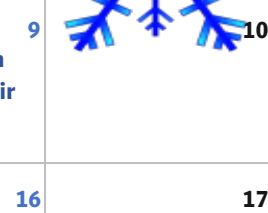
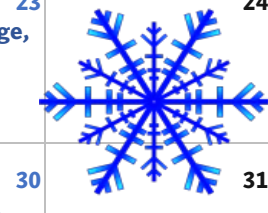
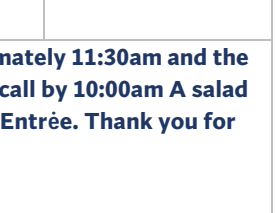



January 2026

Liberty County Senior Center 759-5244

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|---|
|  | Menus subject to Change without notice | | | 1 New Year's Day CLOSED | 2 Tater Tot Casserole and green beans | 3  |
| | 5 Chicken Alfredo, garlic toast, peas and carrots | 6 Salisbury Steak, mashed potatoes, Green beans | 7 Zuppa Toscana, beef sandwich, lemon meringue pie | 8 Taco Salad Bar | 9 Teriyaki Chicken Skewers, rice, stir fry blend vegetables | 10  |
| | 11 Polish Dogs, hash browns, sauerkraut | 12 Roast Pork, mashed potatoes, green beans | 13 Cabbage Soup, turkey sandwich, Cherry Pie | 14 Hamburgers, baked beans | 15 Chicken and Biscuits, peas and carrots | 16  |
| | 18 CLOSED Martin Luther King Jr Birthday | 19 BBQ Chicken, roasted potatoes, carrots Birthday | 20 Cheese Broccoli Soup, ham sandwich, Pear Pie | 21 Hot Beef Sandwich, mashed potatoes, green beans | 22 Pancakes, sausage, peaches | 23  |
| 24 Spaghetti w/meatsauce, garlic toast and green beans | 25 Roast Beef, mashed potatoes, peas and carrots | 26 Reuben in a Bowl Soup, Turkey Sandwich, Chocolate Cream Pie | 27 Chicken Enchiladas, refried beans, corn | 28 Pasties w/gravy, country blend vegetables | 29  | 30 31 |

A salad bar with fruit, and vegetables is available with lunch at the Center every serving day. The salad bar is out at approximately 11:30am and the main course is served at noon. Milk is available upon request. Home Delivered meals are available every serving day. Please call by 10:00am A salad and dessert (fruit) is included,. Milk is available if requested. Take-outs may have the salad bar in place of the main Dinner Entrée. Thank you for participating in our meals program and activities.